

## artikulu nabarmenak artículos destacados



### maiatza/mayo



CHÓLIZ MONTAÑÉS, Mariano. [Prevención de las adicciones tecnológicas en la adolescencia](#). Padres y maestros. Madrid: Universidad Pontificia Comillas, marzo 2017, (369), pp. 53-59. ISSN 2255-1042.

ICT are essential for adolescents as they play a role in their development (greater autonomy, search for identity, improved interpersonal relations, a way of expressing emotions, enjoyment and entertainment, and relationships). However, these young people, given their stage of personal and mental development, are vulnerable to chemical and behavioural addictions and also to ICT. The symptoms are an increasing tolerance to their use, the withdrawal syndrome, the inability to stop using them, the deterioration of social and family relationships, and of academic performance. The ADITEC programme has been designed to assess this type of addiction. It consists of 3 questionnaires based on a similar structure, and each addiction is evaluated independently: ADITEC-I (Internet) ADITEC-M (Mobile phones) and ADITEC-V (Video games).



CREMADES, Raúl, Eugenio MAQUEDA CUENCA y Juan L. ONIEVA. [Posibilidades didácticas de la escritural digital ubicua en la aplicación](#) WhatsApp Messenger. Revista Letral: Revista Electrónica de Estudios Transatlánticos de Literatura. Granada: Universidad de Granada, 2016, (16) pp. 106-120. ISSN 1989-3302

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GÓMEZ A. y D. LLORET. [Las redes sociales y el espejo de Narciso](#). En: CASTEJÓN COSTA, Juan Luis (coord.). Psicología y Educación: Presente y Futuro. Alicante: ACIPE, 2016, pp. 2347-2356. . ISBN 978-84-608-8714-0.

This is the presentation of the results of the first study conducted in Spain involving teenagers that links personality traits, in particular narcissism, and the way they use social media by means of TIPI and NPI-40 questionnaires. The young people who promote themselves more intensely on these media (uploading more photographs, changing their profiles frequently, etc.) score higher on the narcissism test and also display the trait of extraversion

PERTSONA  
HELBURU

COMPROMISO CON  
LAS PERSONAS

EUSKO JAURLARITZA

GOBIERNO VASCO

HEZKUNTZA, HEZKUNTZA POLITIKA ETA  
KULTURA SAIA

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