The percentage of young people participating in dancing activities is on the increase

29 April, International Dance Day

On occasion of the International Dance Day, the Basque Youth Observatory is publishing a preview of the “Basque Youth 2016” report, regarding the number of people practicing traditional dancing, dancing or ballet. This study has been prepared based on a survey conducted in February and March this year on a sample of 1500 people aged 15 to 29 in the Basque Country.

According to the results of the survey, 11.6 % of youths claim to have practiced amateur traditional dancing, dancing and ballet over the last year. This percentage is almost double the figure recorded for the general population of the Basque Country (4.7 %, according to data published by the Spanish Ministry of Education, Culture and Sports, in its Survey of Cultural Habits and Practices 2014-2015).

The percentage of young people dancing or doing ballet has maintained an upward trend in recent years, from 6.9 % in 2008 to 8.6 % in 2012 and to 11.6 % in 2016. This upward trend can also be appreciated among the general population, although not as pronounced.

Practicing traditional dancing, dancing or ballet as amateurs is much more frequent among young women (17.8 %) than among young men (5.7 %). It is also more prominent among people under the age of 20 (13 %); however, there has been a sharp increase among people over that age in recent years.
If we analyse the evolution by sex, we can see that there has been a general increase among young women and men.