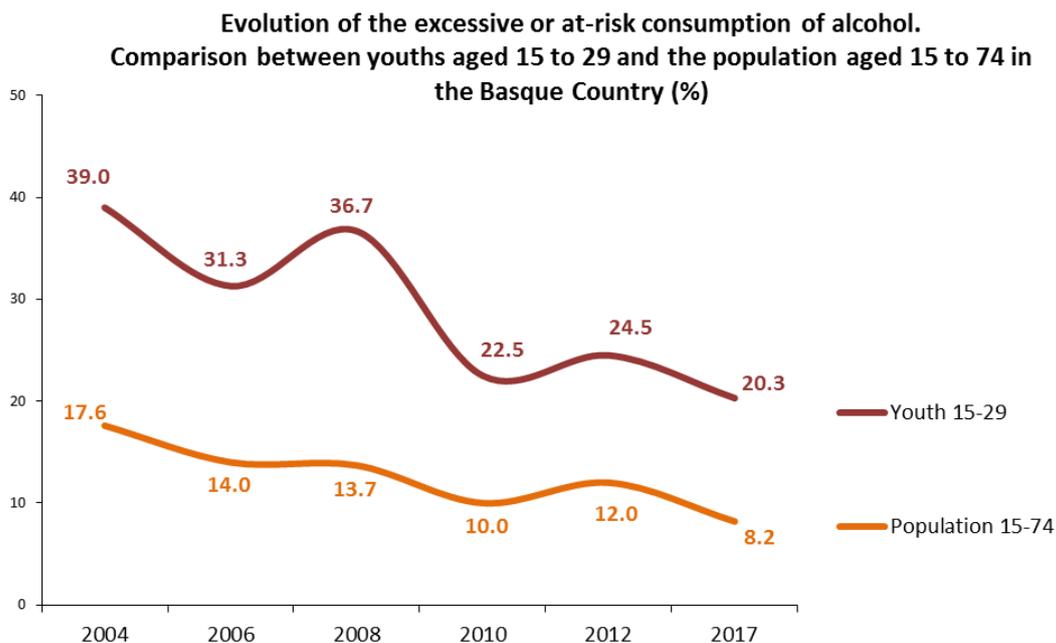


The consumption of alcohol and cannabis has fallen among Basque youth

In 2017, 20.3% of Basque youth aged 15 to 29 said they had carried out an excessive or at-risk consumption of alcohol in the last month. This means that, on at least one day of the month, they had consumed more than 65 grams of alcohol, which is the equivalent to eight glasses of beer, for example.

The percentage of young men who said they had carried out an excessive or at-risk drinking (25.3%) was ten points higher than that of young women (15.3%).

This excessive or at-risk consumption has fallen when compared to previous years and 2017 saw the lowest figures since records began to be kept in 2004. The same falling trend can be found among the population in general; however, the starting figures were much lower. In 2017, the figures for young people and the general population were 20.3% and 8.2%, respectively.

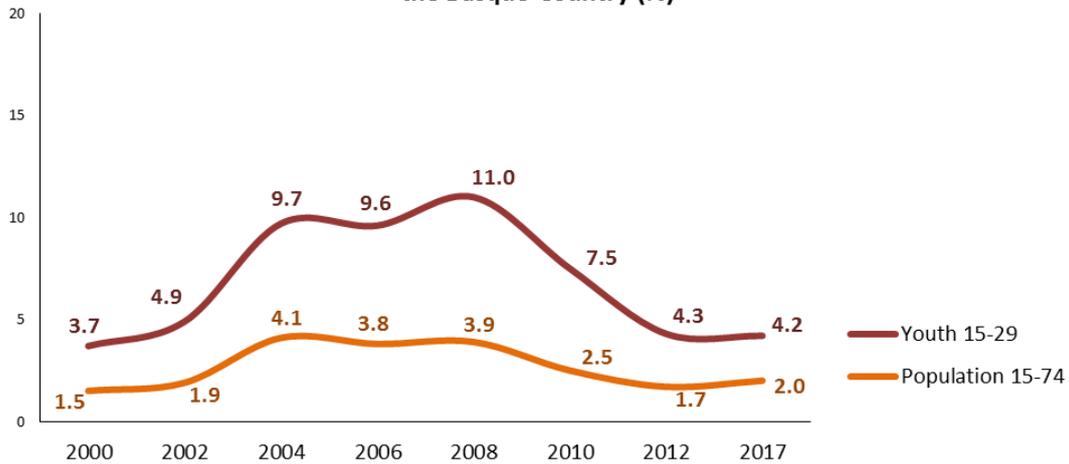


Source: The Basque Youth Observatory based on data provided by the Department of Health of the Basque Government (*The Basque Country and Drugs series and the Survey on Addictions in the Basque Country 2017*)

On the other hand, 4.2% of people aged 15 to 29 in the Basque Country stated in 2017 that they had smoked cannabis in the previous month on a daily or almost daily basis (i.e. four or more times a week). As in the case of alcohol, the consumption of cannabis is more usual among young men (7.3%) than among young women (1.0%).

The consumption of cannabis is greater among young people than among the general population of the Basque Country (2.0%). In any case, this consumption has fallen significantly and the number of young people who stated they smoked cannabis in 2017 was less than half of the figure for 2008, the year with the highest percentage in the series (11.0%).

**Evolution of the daily or almost daily consumption of cannabis.
Comparison between youths aged 15 to 29 and the population aged 15 to 74 in
the Basque Country (%)**



Source: The Basque Youth Observatory based on data provided by the Department of Health of the Basque Government (*The Basque Country and Drugs* series and the *Survey on Addictions in the Basque Country 2017*)

These data come from the *Survey on Addictions in the Basque Country 2017* and the previous series titled *The Basque Country and Drugs*, which have been prepared by the Department of Health of the Basque Government over the years. This department has provided the Basque Youth Observatory with the data for young people aged 15 to 29.