

Assessment of the course titled "Prevention of Addictions without Substances: Online Gaming and Gambling"

The Basque Youth Observatory has organized another course of its training plan

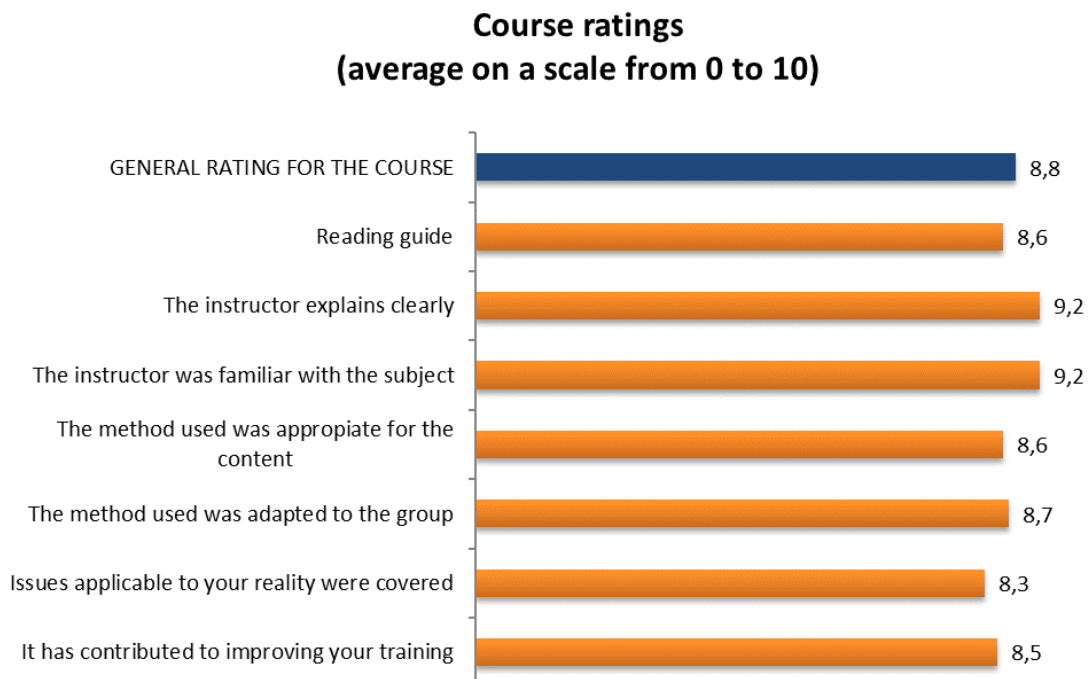
Along May, the Basque Youth Observatory has organized the course "**Prevention of Addictions without Substances: Online Gaming and Gambling**". The main objective of the course was to provide social agents with information and training on risks associated with gambling (especially sports betting and online games) and social networks.

The course was given by **Estibaliz Ansotegi Guruziaga**, a graduate in psychology and coordinator of the health and addiction prevention programme in Ortzadar.

19 people, with the following professional profiles, attended:

- 41 % of those present worked in youth-related fields (youth information offices, city councils, provincial councils and youth associations, socio-educational staff and other entities).
- Other 41 % were professionals related to education.
- Finally, 12 % were people with other work-profiles.

The course took a total of 12 hours spread over three sessions and the average assessments (on a scale from 0 to 10) provided by attendees were as follow:



Source: Prepared by the Basque Youth Observatory based on the results of satisfaction surveys completed by participants